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World of Health Journal

Instructions for authors

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1 About the journal

1.1. Aims and scope

"World of Health" is an official journal of the Faculty of Health Studies, University of Rijeka which publishes articles related to health topics that have not been previously published. The journal is open to all medical and health professionals, as well as to the authors who are not health care professionals, but the article they wish to publish deals with health and health care issues. Regardless of what the author's citizenship might be, all received manuscripts will be given equal attention.

The manuscripts are received and published in standard Croatian or English language, and the language correctness of the text is the responsibility of the author.

The journal is published once a year.

1.2. Distribution

The journal is in diamond open access and charges no fee to authors or readers.

The journal is distributed under the terms of the Creative Commons (CC BY-NC 4.0 DEED) license. This license enables reusers to distribute, remix, adapt, and build upon the material in any medium or format for non-commercial purposes only, and only so long as attribution is given to the creator.

1.3. Manuscript types

The "World of Health" journal publishes articles in following categories:

- editorial,
- original scientific article,
- review article,
- case report,
- preliminary report,
- professional paper and
- other articles (viewpoints, book reviews, interviews, letter to the editor, in memoriam, etc).

Acceptance of a categorized article obliges the author not to publish the same article elsewhere without the permission of the editorial board.

After receiving the manuscript, the editor-in-chief evaluates whether to immediately forward it for review, return it to the author or reject.



1.4. Review

Original scientific articles, review articles, case reports, preliminary communications and professional papers are subject to peer review by external reviewers. The review takes on average a month.

The review is "double blind"- the authors do not know the identity of the reviewers, nor is the identity of the author(s) known to the reviewers. Authors are recommended to suggest several potential reviewers who are experts in the field to which the work relates. The editor will independently decide whether to send the manuscript for review to experts proposed by the author or to some other qualified specialist.

It is possible for manuscripts to be accepted and published in a shorter form with prior agreement with the authors.

1.5. Ethical aspects in publication

The editorial board of the journal follows the ethical principles of the Committee on Publication Ethics (COPE) in its work.

1.5.1. Ethical approvals

Authors of all manuscripts involving people must submit the approval of their institution's ethics committee (institutional review board (IRB) or other competent committee). This approval and its number should be reported in the Methods section.

1.5.2. Authorship

Authors of submissions reporting research findings should meet all four of the International Committee of Medical Journal Editors (ICMJE) criteria:

- Substantial contributions to the conception or design of the work; or the acquisition, analysis, or interpretation of data for the work; and
- Drafting the work or revising it critically for important intellectual content; and
- Final approval of the version to be published; and
- Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

People who have only participated in data collection or are researchers' superiors but have not actively participated in the creation of the manuscript cannot be qualified as authors. The editor has the right to ask the author to explain the contribution of each of them. The order of authors is determined by agreement by the authors.



1.5.3. Plagiarism and text recycling

Manuscripts are checked for plagiarism (""appropriation of another person's ideas, processes, results, or words without giving appropriate credit to the source or author"). Text recycling is allowed in Materials and Methods, while in other sections it is not approved.

1.5.4. Correction and retraction

If a substantive error is discovered in an article, we will endeavour to correct the record as soon as possible, either by issuing a correction notice or by retracting the article. We follow the 2017 recommendation from JAMA on how to deal with corrections: see Christiansen S, Flanagin A. Correcting the Medical Literature: "To Err Is Human, to Correct Divine". JAMA. 2017;318(9):804–805. doi: 10.1001/jama.2017.11833.

1.5.5. Competing interests

Potential financial and non-financial competing interests must be declared in the manuscript.

1.6. Previously published manuscripts

The journal accepts previously published manuscripts on preprint servers.

1.7. Data sharing statement

Authors are encouraged to store raw data in data repositories. For more information about storage methods and repositories.

1.8. Funding

Authors should indicate the sources of funding for their work.



2 Manuscript submissions

The manuscripts should be sent for submission via the OJS system.

The authors are invited to contact the journal via e-mail (woh@fzsri.uniri.hr) in case any questions arise.

The material sent to the "World of Health" journal must contain:

- Cover Letter
- Title Page
- Text, Images and Tables

A cover letter should contain:

- the name of the corresponding author,
- the names of all authors and their academic titles,
- a short description of the research or information related to the paper, which could be useful to the editor (2 to 3 sentences),
- the number of words in the text and the number of pictures and tables,
- an author's opinion on the type of the paper (original scientific paper, professional paper, case report, etc.),
- the reason why authors believe that their paper might be interesting to the readers of "World of Health",
- a statement with which authors confirm that the paper was not previously published nor is currently in the process of being received in another journal,
- a statement confirming that all authors have read and approved the manuscript,
- a statement with which the authors confirm that if the paper is accepted for publishing, the authors will transfer the rights to the publisher,
- a statement with which the authors confirm that there are no ethical problems, i.e., that the authors have all the necessary ethical approvals, and that the research has been carried out with respect to the ethical principles,
- a statement with which the authors confirm that there are no known conflicts of interest.



3 Manuscript formatting

The received scientific manuscripts should be written in accordance with:

"Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly work in Medical Journals" by International Committee of Medical Journal Editors " (ICMJE) (available on the website http://www.icmje.org/recommendations/) and follow ethical guidelines of Committee on Publication Ethics (COPE).

The length of the text of original scientific articles and reviews should be 3000-6000 words for publication in the "World of Health" journal. Preliminary reports and professional papers should be 2000-4000 words, while the rest should not exceed 1500 words. The specified number of words refers only to the text of the paper including a list of references.

3.1 The title page

The title page of the manuscript should appear on a separate page and include the following elements:

- a complete title of the paper,
- a brief title (up to 50 characters),
- authors' names and their affiliations (institution, department, city, state),
- corresponding author's e-mail address and complete address (institution, department, street and house number, postal code, city, and state).
- ORCID

The affiliations should be superscripted by the number (exponent number), while the corresponding author's name is additionally marked with an asterisk (*).

An example:

Pero Perić *1, Marko Marković²

- ¹ Faculty of Health Studies, University of Rijeka, Department of Physiotherapy, Rijeka, Croatia. ORCID
- ² Clinical Hospital Centre Zagreb, Psychiatric Clinic, Zagreb, Croatia, ORCID
- * Author for correspondence: pero.perić@uniri.hr

3.2 Text, images, and tables

The text should be saved as a Ms Word (*.docx) or Office Open format (*.odt).

- Format page: A4.
- Page margins: 2.5 cm all around.
- Font size: Arial, 12 pt.
- Line spacing: Double.
- The page numbers: In the bottom right-hand corner, only the text of the paper is numbered.

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- Figures and graphic elements are presented in grayscale mode, except in special cases decided by the editor. Acceptable image formats are: *.jpg, *.bmp or *.tiff; the required resolution is 300 dpi. Non-copyrighted images should be tagged from where they have been downloaded and must be accompanied by permission of the owner for publishing in the "World of Health" journal.
- Authors' names and affiliations should not be included in the main body of the paper.

3.2.1 Abstract

The text of the paper starts with an abstract that should not exceed 250 words. The abstract of the original scientific papers must be structured; it must contain introduction, materials and methods, results, and conclusion. For all other types of manuscripts, the abstract should not necessarily be structured. It is published in Croatian and English language.

3.2.2 Keywords

3 to 6 keywords essential for quick identification and classification of the paper should be written immediately after the abstract. The main guidelines (MeSH, Medical Subject Headings) from the Index Medicus, available at: http://www.nlm.nih.gov/mesh/meshhome.html, should be used as keywords.

Original scientific papers must consist of the following chapters: Introduction, Materials and Methods, Results and Discussion.

3.2.3 Introduction

The introduction is a brief and clear description of the problem and purpose of the research. The introduction should clearly state the hypothesis of the research and describe the main and secondary objectives of the research. It should include previously published information on this subject in the scientific literature and highlight how this research will contribute to a better understanding of the topic.

3.2.4 Materials and Methods

The materials and methods presented in the paper must contain all relevant information enabling the reader to repeat the described research. This section contains the information that was available during the research planning, while all other information gathered during the research is presented in the *Results* section. This section should be structured in the following way:

- Respondents or materials (depending on the type of research)
- Methods
- Statistical evaluations

In the *Respondents or materials* section, the following is stated:

- time and place of the research,
- type of research,
- inclusion and exclusion criteria,
- demographic data and data on medical history,
- ethical correctness of the conducted research.



The research methods and equipment used in the research are described in the *Methods* section.

In the *Statistical evaluations* section, the authors should state statistical methods used while processing the collected data, name the statistical package program they used to process the data, and determine the level of statistical significance (P) of the results obtained.

3.2.5 Results

Results should be presented clearly and accurately, but without discussion and interpretation. The most significant results of the research are presented first. The data presented in the tables should not be stated in the text again. Graphs should be used instead of tables that would not be viewable due to the large data number. The P value should be reported in the exact number to three decimal places (e.g., P=0.036).

3.2.6 Discussion

The discussion is a critical review of the data presented in the Results section, i.e., their interpretation. The arguments presented in the discussion should be supported by the results obtained and referred to previously in one's own and other studies. All claims that are not original need to be supported by a proper quoting of the authors (The Vancouver System). The discussion should not repeat the data presented in the *Introduction* or *Results* section. In introduced with this section, readers should be the study limitations. The conclusion is a shorter paragraph that usually consists of 1-3 sentences summarizing the main conclusions of the article.

3.2.7 Acknowledgments

The purpose of this section is to thank all the people who helped with the research but are not the authors of the article. It is suggested that the sources of funding research are mentioned in this section.

3.3 Guidelines for referencing

The reference list shows the sources of other researches, i.e., the authors list the researches they cited in their work. Reference is specified by ordinal number, according to the order of quotation in the text (the first reference is number 1). Literature quotations quoted in the text should be marked with numbers in round brackets. The Vancouver referencing style is used for the literature. The examples of correct literature citing are available at: http://www.nlm.nih.gov/bsd/uniform requirements.html.

The abbreviations listed in the NLM catalogue, available at: http://www.ncbi.nlm.nih.gov/nlmcatalog/journals, should be used when quoting a journal title.



Examples of Reference format:

a) Journal article

Golubić D, Rapić D, Breitenfeld V. Neka klinička, dijagnostička i terapijska zapažanja o humanoj trihinelozi. Liječ Vjesn 1985;107:11-4. (If there are more than 6 authors, only the first 6 are listed, followed by et al.)

b) Joint author

The Royal Marsden Hospital bone-marrow transplantation team. Failure of syngeneic bone-marrow graft without preconditioning in post-hepatitis marrow aplasia. Lancet 1977;2:242-4.

c) No author

Coffee drinking and cancer of the pancreas (editorial). Br Med J 1981;283:628.

d) Supplement of the journal

Djelmiš J, Ivanišević M, Mrzljak A. Sadržaj lipida u placenti trudnica oboljelih od dijabetesa. Acta Med Croat 2001;55 (Suppl. 1): 47-9.

e) Books and monographs

Mold RF. Introductory medical statistics. Turbridge Wells: Pitman Medical, 1976. Guluyer Ay, ed. Health indicators. An international study for the European Science Foundation. Oxford: M. Roberts, 1983.

f) Chapter in a book

Weinstein L, Swartz MN. Pathogenic properties of invading microorganisms. In: Sodeman WA, ed. Pathologic physiology: mechanism of disease. Philadelphia: WB Saunders, 1974, pp. 457-72.

g) Dissertation or master's thesis

Šklempe Kokić, Iva. The impact of structured aerobic and resistance exercise on the course and outcome of gestational diabetes mellitus (doctoral thesis). Izola: University of Primorska Faculty of Mathematics, Natural Sciences and Information Technologies; 2016, p. 146.

h) Web references

Hofman DL. St. John, s Wort. 1995; Available at the URL: http://www.healthy.net/library/books/hoffman/materiamedica I / stjhns.htm. Date of access July 16, 1998.