



INTERNATIONAL LYMHOLOGY SYMPOSIUM 6-7.3.2025 RIJEKA

„Multidisciplinary Approach to Lymphedema“

*We are pleased to invite you to the International Symposium on „Multidisciplinary Approach to Lymphedema“, which will be held from **March 6th to March 7th, 2025**, at the **Faculty of Health Studies, University of Rijeka, Croatia**. This symposium aims to bring together experts from various fields to discuss and share insights on the latest advancements in the diagnosis, treatment, and management of lymphedema. It will be an excellent opportunity for networking, learning, and collaboration. The international symposium is organized by the Faculty of Health Studies, the Clinical Hospital Center Rijeka, and the Nada association.*

We look forward to your participation and contribution to this important event.

Thank you, and we hope to see you there!

Sincerely

Organizing committee of the symposium

March 6th to March 7th, 2025

Faculty of Health Studies

Viktora Cara Emina 5

51000 Rijeka

Croatia





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Thursday, 6.3.2025	
8:30 - 9:00	Registration and coffee
9:00 - 13:00	Workshops for patients "SELF CARE" <i>Deep abdominal breathing - Marija Rukavina, BPT CHC Rijeka</i> <i>Self drainage- Maja Maržić, BPT</i> <i>Self Bandaging - Maja Jokić, mag. physioth CHC Rijeka</i> <i>Pilates for patientes with lymphedema - Nikolić Vanja, BPT CHC Rijeka</i>
13:00 - 14:00	LUNCH BREAK
14:00 - 14:30	Symposium Opening <i>Video from LE&RN USA</i> <i>Opening chapter Croatia</i>
14:30 - 14:55	Patient - a key to a successful lymphedema treatment <i>Bojana Lamešić, dipl. oec.</i>
14:55 - 15:15	Oncological lymphedema expoerience by patient, lymphedema therapist and specialist <i>Gordana Miloš, mag. physioth.</i>
15:15 - 15:30	Differential Diagnostic: Lower Limb Lymphedema <i>Dr. Markus Killinger, Austria</i>
15:30 - 16:00	Coffee break
16:00 - 16:25	Diagnostics and treatment of pediatric lymphedema <i>Dr. Aleksandra Rovnaya</i> <i>Conservative center of excellence LE&RN, Chapter Russia</i>
16:25 - 16:40	Pediatric lymphedema - case reports <i>Doc. Dr. Sc. Dragana Bojinović-Rodić, spec. physiatrist</i> <i>Dr. Zotović Banja Luka, BiH</i>
16:40 - 17:00	Pediatrics lymphedema therapy <i>Eva-Maria Streicher, PT, Germany</i>
17:00 - 17:15	Coffee break
17:15 - 19:45	Workshop Wounds treatment in Phlebolympedema <i>Doc. Dr. Tanja Planinšek Ručigaj, Slovenia</i>



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	Friday 7.3.2025
8:30 - 9:00	Registration and coffee
9:00 - 10:30	Diagnostic ultrasound Workshop for lymphedema <i>Prof. Alberto Onorato, MD., PhD.,Italy</i>
10:30 – 11.00	Coffee break
11.00 - 11:20	Head and Neck Lymphedema <i>Silva Uršič, BPT, univ. dipl. org. Slovenia</i>
11:20 - 11:40	Biology of Lymphedema <i>Prof. Alberto Onorato, MD., PhD.,Italy</i>
11:40 - 12:30	The Perikit - a new accurate and fast methodology to standardize limb circumference and Volume in lymphedema <i>Dr. Joseph Harfouche, Belgium</i>
12:30- 12:50	Post-Mastectomy Pain Syndrome <i>Dr. Nino Zahirović, spec. physiatrist</i> <i>Physical and Rehabilitation Medicine, CHC Rijeka</i>
12:50-13:10	Diagnosis of oncological lymphedema <i>Dr. Senija Brnić, sepc. physiatrist</i> <i>CHC Sestre Milosrdnice, Zagreb</i>
13.10 - 13:30	Prerehabilitation of breast cancer <i>Doc. Dr. Ana Poljičanin,</i> <i>University Department for Health Studies, Split, Croatia</i>
13:30 - 13:45	Axillary web syndrome therapy <i>Barbara Kirinec BPT, CHC Zagreb, Croatia</i>
14:00 - 15:00	LUNCH BREAK



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	Friday 7.3.2025
15:00 - 16:30	<p style="text-align: center;">Workshop</p> <p style="text-align: center;">Therapy options for fibrosis in lymphedema</p> <p style="text-align: center;"><i>Paddings - Urška Mravlje, BPT, Slovenian lymphedema association, Slovenia</i></p> <p style="text-align: center;"><i>Paddings - Maja Jokić mag. physioth CHC Rijeka</i></p> <p style="text-align: center;"><i>Deep oscillation - Silvana Ožbolt Ramljak BPT CHC Rijeka</i></p> <p style="text-align: center;"><i>K-tape - Tea Ravkin BPT CHC Rijeka</i></p> <p style="text-align: center;"><i>K-tape - Antonia Plisić, mag physioth CHC Rijeka</i></p> <p style="text-align: center;"><i>Scar tissue treatment – Ivana Klarić Kukuz, mag. physioth.</i></p> <p style="text-align: center;"><i>University Department for Health Studies, Split, Croatia</i></p>

Organizing Committee

- **Clinical Hospital Centre – Rijeka, Department of Physical and Rehabilitation Medicine. Croatia.**

President of committee: Maja Jokić, mag. physioth.

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Asst. Prof. Dragana Bojinović-Rodić, MD, PhD





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- **CHIREC. Belgium.**

Joseph Harfouche PT, PhD

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Ivana Sović, mag. physioth., asistent.

Symposium Contributors

